

Cystic Fibrosis our focus

Royal Victoria Infirmary Adult Cystic Fibrosis Centre

The adult CF service at the Royal Victoria Infirmary is a well-established service with 267 patients. This is a flourishing service run by a dedicated and enthusiastic team. Parts of the multidisciplinary team (MDT) are seriously under-resourced and some facilities are reaching capacity, requiring urgent expansion. There are well established outreach services for this large geographical region.

User feedback cites the accessibility of the team and availability of team members, as well as outpatient cleanliness, as areas of excellence. Food, psychological support and car parking facilities are suggested areas of improvement.

The peer review panel identified consultant-delivered care, outreach service to Teeside and Cumbria and the hospital pharmacy team's innovative, pre-packaged home intravenous antibiotic service as examples of good practice. The latter allows all patients with cystic fibrosis to access home-delivered pre-mixed antibiotics.

Key recommendations include the need to address critical staff shortages and the lack of succession planning for several disciplines. The MDT needs enhancing to further support patients receiving home treatment, including seeing all patients at the end of a course of treatment in clinic and ensuring a home visit for all patients on treatment – particularly as most patients receive outpatient antibiotic treatment rather than a hospital admission.